

## 1. Isolation vs. Community

*"In what areas of your life are you most tempted to 'go it alone,' and how might that isolation be making you more vulnerable spiritually?"*

- Follow-up: *Who has God already placed around you that could help "watch your back" if you invited them in?*

This connects to Ecclesiastes 4 and the apex-predator illustration, helping the group honestly assess where isolation is creeping in.

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## 2. Receiving Help Requires Humility

*"What usually keeps you from asking for help or receiving support from others—pride, fear, past hurt, or something else?"*

- Follow-up: *How does Galatians 6 challenge the way you view strength and maturity in the Christian life?*

This question opens space for vulnerability and directly addresses the tension between self-reliance and biblical encouragement.

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## 3. Abiding in Christ, Showing Up for Others

*"How does your friendship with Jesus shape the way you show up as a friend to others—and where do you see a gap between the two?"*

- Follow-up: *What is one intentional step you could take this week to be a more constant, honest, or sacrificial friend?*

This anchors the discussion in John 15 and moves the group toward practical obedience and gr