

1. Isolation vs. Community

“In what areas of your life are you most tempted to ‘go it alone,’ and how might that isolation be making you more vulnerable spiritually?”

- Follow-up: *Who has God already placed around you that could help “watch your back” if you invited them in?*

This connects to Ecclesiastes 4 and the apex-predator illustration, helping the group honestly assess where isolation is creeping in.

2. Receiving Help Requires Humility

“What usually keeps you from asking for help or receiving support from others—pride, fear, past hurt, or something else?”

- Follow-up: *How does Galatians 6 challenge the way you view strength and maturity in the Christian life?*

This question opens space for vulnerability and directly addresses the tension between self-reliance and biblical encouragement.

3. Abiding in Christ, Showing Up for Others

“How does your friendship with Jesus shape the way you show up as a friend to others—and where do you see a gap between the two?”

- Follow-up: *What is one intentional step you could take this week to be a more constant, honest, or sacrificial friend?*

This anchors the discussion in John 15 and moves the group toward practical obedience and gr